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Janine Ramsey is a professional speaker, trainer and consultant whose background is in Human Resource & Organizational Development. She specializes in the inherited trait of high sensitivity, as defined by Dr. Elaine Aron, author of *The Highly Sensitive Person: How to Thrive When the World Overwhelms You.*

Janine is also a highly sensitive person so it's only natural that she specialize in working with this little known trait. She is compassionate, passionate, and very knowledgeable about her subject matter, and is also an excellent public speaker. She has a warm, authentic, and humorous style, with a unique ability to connect with her audience in a way that is both professional and personal.

For these reasons and more, I was delighted to have Janine present "*Different but Not Less at Work*" at the 23rd Gathering Retreat for Highly Sensitive People held in Santa Barbara, California in September of 2011. The unique and successful national & international HSP Gathering Retreats™ were co-created by myself and Dr. Elaine Aron in 2001.

Janine is an inspiration to her audience and I'm certain that her work will continue to be inspirational and motivational to others over the years to come. It is without hesitation that I recommend Janine Ramsey as a valuable, knowledgeable speaker, trainer and consultant.

Sincerely,

Jacquelyn Strickland

Co-founder, with Dr. Elaine Aron,
of the Gathering Retreats for Highly Sensitive People™

**LIFEWORKS IS COMMITTED TO HARMONIOUS PERSONAL AND SOCIAL
TRANSFORMATION
AIMED AT CREATING INCLUSIVE ENVIRONMENTS OF MUTUAL RESPECT;
INDIVIDUALITY AND BELONGING;
SELF-DISCOVERY AND HEALING; POSITIVE REGARD AND GOOD WILL...**